

LEARN TO SKATE

Cycle 3: January 3 – February 25, 2012*

Cycle 4: February 27 – April 21, 2012

Cycle 5: April 23 – June 15, 2012*▲

*Cycle 3 starts on a Tuesday; Cycle 5 ends on a Friday.

▲No classes on Mon., May 28 (Memorial Day).



SNOWPLOW SAM (ages 3 – 5)

Preschoolers learn the basics through three levels (**SS1 – SS3**). Youngsters more comfortable with mom or dad can try our Thursday **Parent & Tot** class. Also see our **Ice Tots** flier.

BASIC SKILLS (ages 6 – 17)

Eight levels (**B1 - B8**) to help recreational and aspiring figure skaters and hockey players alike learn basic skating skills and gain confidence. B4 & up, see our **Synchronized Skating Class** flier.

ADULT BASIC SKILLS

Adults learn beginning through intermediate skills, freestyle & ice dance moves at their own pace. Fun & challenging! Also see our **Adult Class** flier.

CLASS SCHEDULE (All classes: 25 min. lesson; 25 or 50 min. practice)

DAY	TIME	LEVELS OFFERED
Monday	4:00 – 5:15PM	SS1-3; B1-8; Intro to Synchro; Tot Hockey; H1-2†
Tuesday	9:00 – 10:20AM	Adults (all levels)
	4:00 – 4:50PM	SS1-3; B1-8
Wednesday	1:50 – 2:40PM	SS1-3; B1-3
Thursday	11:50AM – 1:20PM	Adults (Beginner – Intermediate)
	1:20 – 2:10PM	SS1-3; Parent/Tot; Homeschoolers B1-8
	6:00 – 6:50PM	Adults (Intermediate & above)
Friday	2:00 – 2:50PM	SS1-3; B1-4; Tot Hockey
	5:15 – 6:30PM	SS1-3; B1-8; H1-4†
Saturday	10:30 – 11:20AM	SS1-3; B1-2
	11:20AM – 12:10PM	B3-8; Teens B1-4; Adults (all levels)

Visit www.stamfordtwinrinks.com for tips on what to wear.

Helmets required through B3 & age 8! Gloves/mittens required for all skaters!

Use the **YELLOW** form to register.

No refunds, credits, pro-rating, or make-ups.

Discounts for early sign-up, multi-cycle registration, & families!

†See our **Ice Hockey** flier for details on **NEW** Hockey 1-4 & Tot Hockey classes.